Inf2-SEPP 2025-26
Lab 2 (Week 5)
Teamwork Exercises

Work on this lab sheet during week 5.

1 Introduction

The purpose of this lab is to bring coursework groups together at the end of CW1 and start of CW2. As the coursework is only due in a few weeks, the relaxed environment of a lab can encourage team members to know each other better, discuss their experience as a team in CW1 and how they could improve their collaboration, as well as start planning for CW2.

For the entirety of this lab (and ideally, also for subsequent labs), sit next to your coursework teammates, including any that could not make it to the lab in person by using a videoconferencing system like Microsoft Teams. It is best if your entire team is present so that nobody misses out.

As support for this lab and teamwork in general, please use the Teamwork Resources (click title for link) document.

2 Task 1: Getting to Know Each Other Better

The purpose of this task is to get to know ourselves—and each other—better. Doing this can improve trust and motivation within a team, both of which are crucial for effective collaboration, leading to good results. Moreover, this task gives you an idea of effective ways to collaborate with your different team members, depending on their personalities.

Do the following activities in order:

1. Each individually and in silence, fill in a Jungian personality test from this link, and read your results.

2. Share with your teammates your results. How accurate do you think they are? Are there any other things that your teammates should know about your personality or the ways that you prefer working? Share this with them.

3 Task 2: Team Building Activity

The purpose of this task is also to get to know each better, but this time through the use of a team building activity. The literature is abundant of evidence that such activities can

greatly help teams to collaborate more effectively and for better results.

Do the following activities in order:

1. Individually, prepare 3 statements about yourselves:

   - Two true statements e (but which none of your teammates should already know about)
   - One false but still plausible statements

2. Each person introduces their statements (not saying which is which) to their team.

3. The team then discusses and decides which statements were true and which were false about each person. In doing so, ask for more details to get to know your teammates.

Have you already performed such a team building exercise in the past? If so, pick another exercise which sounds fun for the entire team from the links in the Teamwork Resources (click title for link) document.

4 Task 3: Teamwork Review

The aim of this task is to look back at CW1, discuss what went well and what could be improved, and agree on what you could change for your collaboration in CW2 so that it is more effective. Do the following in order:

1. Choose one of the team members to act as *facilitator* for the discussion in this task. They should ensure that everyone has a say, the team keeps to time for the next stages, any misunderstandings are addressed and resolved, and the discussion is kept to the point.

2. Allow each team member to express what went well in CW1, from their point of view. After each person describes it, discuss whether the others agree or not (but keep the discussion focused on the positives for now).

3. Allow each team member to express what could be improved (ATTENTION! Not what did not go well, so that the discussion is kept constructive). After each person has their say, discuss whether the others agree or not. The facilitator must make sure that the discussion is kept friendly and constructive.

4. Negotiate and decide together on actions that you could each/all take to improve your collaboration. Ask for verbal commitment from each team member to take those agreed actions. If you still have your original list of DOs and DON'Ts from Lab 1, add to it as you go.

5   Plan for CW2

Decide together on a plan or CW2, using your newly acquired knowledge of each other and your strengths, but also the difficulty of the CW2 tasks and related work.

- What will each person do and by when? We recommend thinking of each person's strengths and where they would be best used. We also recommend using subteams where suitable (e.g. for more challenging tasks). Finally, short deadlines, with someone checking work done, are better than a deadline close to the coursework deadline.

- Each of you must commit to delivering their part by the deadline.

- Meetings: where, when, how.

- Other communication: means, frequency

- How to share work

- How to handle misunderstandings

- Any other logistical topics of interest for the team