Secure Programming Lecture 3: Memory Corruption I

David Aspinall

Informatics @ Edinburgh

Outline

Roadmap

Memory corruption vulnerabilities

Instant Languages and Runtimes

Instant C and x86 Assembler

Stack overflows

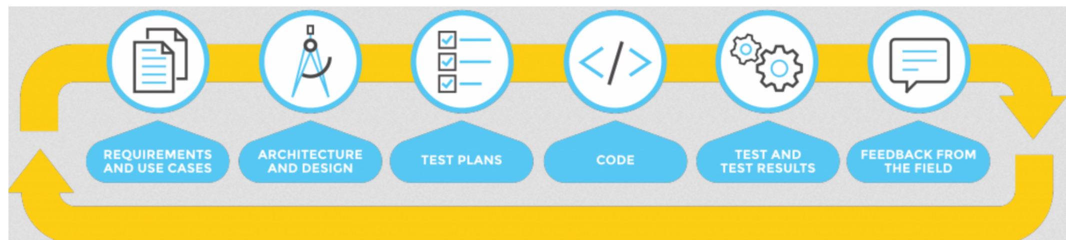
Summary

Roadmap: Security in the software lifecycle

Security is considered at different stages in the Secure Software Development Life Cycle (SSDLC). The overall phases are:

1. **Design** (requirements, architecture)
2. **Implementation** (tests, coding)
3. **Deployment** (configuration, feedback)

We focus mainly on the **coding** stage.



Roadmap: From vulnerabilities to security

This course emphasises *removing and avoiding vulnerabilities* in software rather than crafting exploits to break code, or using *digital forensics* to discover what happened after-the-fact.

But insight into exploits is needed to understand the reason for vulnerabilities.

It also helps to understand how and why defensive programming practices and tools work.

Question. Can you think of other reasons why a (white hat) security researcher might want to work on exploits?

Roadmap: Kinds of vulnerability

Software vulnerabilities fall into categories, for example:

- **memory corruption errors**
- **injection**
- **broken authentication**
- **bad cryptography**

and others. We'll look at vulnerability taxonomies later.

Outline

Roadmap

Memory corruption vulnerabilities

Instant Languages and Runtimes

Instant C and x86 Assembler

Stack overflows

Summary

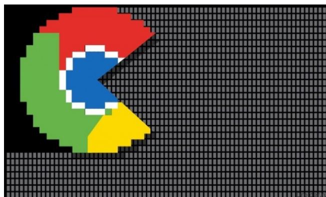
Memory corruption vulnerabilities

This lecture begins our look at code vulnerabilities, starting with **memory corruption**.

Memory corruption vulnerabilities let the attacker cause the program to write to areas of memory (or write certain values) that the programmer did not intend.

In the worst cases, these can lead to **arbitrary command execution** under the attacker's control.

We examine *vulnerabilities*, *exploits*, *defences* and *repair*.



Reasons for memory corruption

Memory corruption vulnerabilities arise from possible:

- buffer overflows, in different places
  - **stack overflows**
  - **heap overflows**
- other programming mistakes
  - **pointer arithmetic** mistakes
  - **type confusion** errors
  - **out-by-one** or other **arithmetic errors**

The nuts and bolts

We begin with classic stack overflows.

Most of you have seen examples of this already.

The idea is to bring everyone to the same point, so we give some "instant" background.

> *If you don't know these details already, this lecture will indicate where you should study more.*
> *If you have only studied high-level programming languages before it may take time. But we will only look at a few examples, and no assembly programming from scratch.*

Outline

Roadmap

Memory corruption vulnerabilities

Instant Languages and Runtimes

Instant C and x86 Assembler

Stack overflows

Summary

Programming in C or assembler

Low-level programs manipulate memory directly.

- Advantage: efficient, precise
- Disadvantage: easy to violate data abstractions
  - arbitrary access to memory
  - pointers and **pointer arithmetic**
  - often: null pointers (Tony Hoare's "billion dollar mistake")
  - mistakes violate the key property of *memory safety*

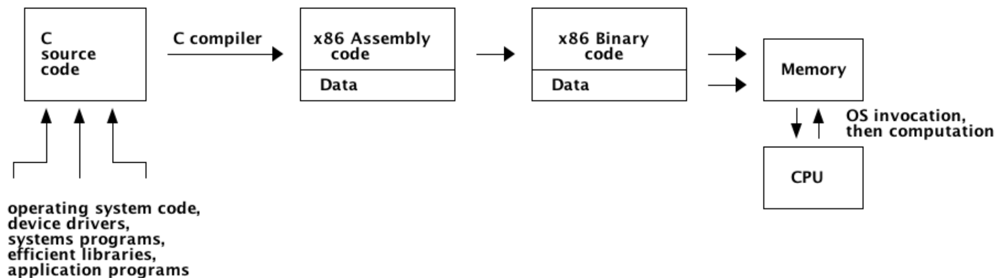
Memory safety

A programming language or analysis tool is said to enforce *memory safety* if it ensures that reads and writes stay within clearly defined memory areas, belonging to different parts of the program. Memory areas are often delineated with *types* and a *typing discipline*.

Von Neumann programming model

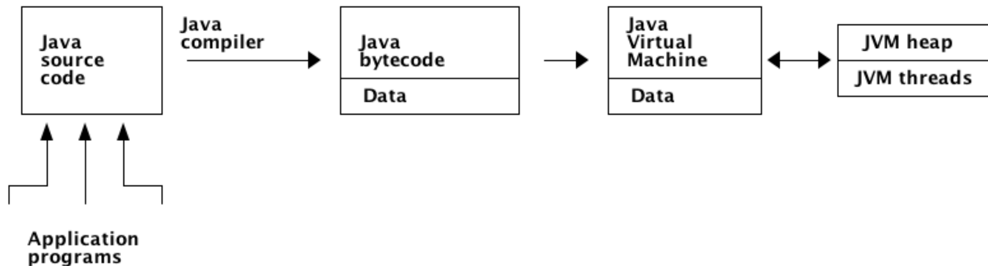
- Von Neumann model:
  - *code and data are the same stuff*
- Von Neumann architecture
  - implements this in hardware
  - helped revolution in Computing 1950s–1970s
- But has drawbacks:
  - data path and control path overloaded (bottleneck)
  - code/data abstraction blurred
  - **self-modifying code** not always safe...

Close to the metal



Question. What are the *trusted* bits of code in this picture? In what way do we trust them?

Further from the metal



Question. What are the *trusted* bits of code in this picture? In what way do we trust them?

Processes and memory

A *process* is a running program managed by the operating system.

Processes are organised into several memory areas:

1. **Code** where the compiled program (or shared libraries) reside.
2. **Data** where non-local program variables are stored. This contains *global* or *static* variables and the program *heap* for dynamically allocated data.
3. **Stack** which records dynamically allocated data for each of the currently executing functions/methods. This includes *local* variables, the *current object* reference (often) and the *return address*.

The OS (with the CPU, language runtime) can provide varying amounts of *protection* between these areas.

Outline

Roadmap

Memory corruption vulnerabilities

Instant Languages and Runtimes

Instant C and x86 Assembler

Stack overflows

Summary

Instant C programming

- You probably know Java. C uses a similar syntax.
- It has no objects but
  - **pointers** to memory locations (`&val`, `*ptr`)
  - arbitrary-length strings, terminated with ASCII NUL
  - fixed-size **structs** for records of values
  - explicit dynamic allocation with `malloc()`
- It has no exceptions but
  - function return code *conventions*
- Is generally more relaxed
  - about type errors
  - uninitialised variables
- But modern compilers give strong *warnings*
  - these days, errors by default
  - can instrument C code with debug/defence code

Instant C programming

```c
#include <stdio.h>

void main(int argc, char *argv[]) {

   int c;

   printf("Number of arguments passed: %d\n", argc);

   for (c = 0 ; c < argc ; c++) {
      printf("Argument %d is: %s\n", c, argv[c]);
   }

}
```

Instant C programming

```
$ gcc showargs.c -o showargs
$ ./showargs this is my test
Number of arguments passed: 5
Argument 0 is: ./showargs
Argument 1 is: this
Argument 2 is: is
Argument 3 is: my
Argument 4 is: test
$
```

Instant C programming

```c
#include <stdlib.h>
#include <string.h>
#include <stdio.h>

typedef struct list { int hd; struct list *tl; } list_t;

void printlist(list_t *l) {
  while (l != NULL) {
    printf("%i\n",l->hd);  l=l->tl;
  }
}
int main(int argc, char *argv[]) {
   int c;    list_t *cell = NULL;

   for (c = argc-1; c > 0; c--) {
     list_t *newcell = malloc(sizeof(list_t));
     (*newcell).hd = (int)(strlen(argv[c]));
     newcell->tl = cell;
     cell = newcell;
   }
   if (cell != NULL)  printlist(cell);
}
```

Instant C programming

```
$ gcc structeg.c -o structeg
$ ./structeg this is my different test
4
2
2
9
4
```

Exercise. If you haven't programmed in C before, try these examples and some others simple programs from a textbook. Write a program to reverse its list of argument words.

Instant assembler programming

- x86: hundreds of instructions! But in families:
  - Data movement: **MOV** . . .
  - Arithmetic: **ADD**, **FDIV**, **IDIV**, **MUL**, . . .
  - Logic: **AND**, **OR**, **XOR**, . . .
  - Control: **JMP**, **CALL**, **LEAVE**, **RET**,. . .
- General registers are split into pieces:
  - 32 bits : EAX (extended A)
  - 16 bits : AX
  - 8 bits : AH AL (high and low bytes of A)
- Others are pointers to *segments*, index offsets
  - ESP: stack pointer
  - EBP: base pointer (aka frame pointer)
  - ESI, EDI: source, destination index register

(We'll stick to old x86 32-bit examples here; 64-bit x86_64 or ARM are slightly different but the concepts are the same.)

Instant assembler programming

Here is a file `movc.c`:

```
int value;
int *ptr;

int main() {
  value = 7;
  ptr = &value;
  *ptr = value * 13;
}
```

Compile this to x86 assembly code on Linux with:

```
$ gcc showargs.c -S -m32 movc.c
```

This produces a file `movc.s` shown (slightly simplified) next.

Instant assembler programming

```
.data
 value:
         .long   2
 ptr:
         .long   2
.text
        movl    $7, %eax            ; set EAX to 7
        movw    %ax, value          ; value is now 7
        movl    $value, ptr         ; set ptr = address of value
        movl    ptr, %ecx           ; ECX to same
        movl    value, %edx         ; EDX = 7
        movl    %edx, %eax          ; EAX = 7
        addl    %eax, %eax          ; EAX = 14              (2*7)
        addl    %edx, %eax          ; EDX = 7 + 14 = 21  (3 * 7)
        sall    $2, %eax            ; EAX = 21 * 4 = 84 (12 * 7)
        addl    %edx, %eax          ; EAX = 7 + 84 = 91 (13 * 7)
        movl    %eax, (%ecx)        ; set value = 91
```

Exercise. If you haven't looked at assembly programs before, compile some small C programs and try to understand the compiled asssembler.

Outline

Roadmap

Memory corruption vulnerabilities

Instant Languages and Runtimes

Instant C and x86 Assembler

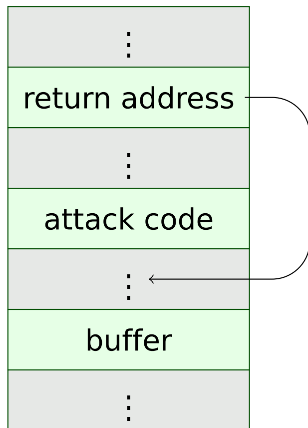
Stack overflows

Summary

Fun and profit

- Stack overflow attacks were first carefully explained in *Smashing the stack for fun and profit*, a paper written by Aleph One for the hacker's magazine **Phrack**, issue 49, in 1996.
- Stack overflows are mainly relevant for C, C++ and other unsafe languages with raw memory access (e.g., pointers and **pointer arithmetic**).
- Languages with built-in **memory safety** such as Java, C#, Python, Go, Rust, are immune to the worst attacks — providing their language runtimes and libraries have no exploitable flaws.

Stack overflow: high level view



The malicious argument overwrites all of the space allocated for the buffer, all the way to the return address location.
The return address is altered to point back into the stack, somewhere before the attack code.
Typically, the attack code executes a shell.

How the stack works: in principle

A stack can be idealised as an **Abstract Data Type** (ADT)

- ADT provides strong encapsulation of values
- Data in the stack is only accessible by ADT operations
- Only stacks built via operations can be constructed

The stack ADT is a first-in first-out queue:

- `push(X)`: add an element X to the top
- `pop()`: remove and return the top element

In practice, the machine provides much more flexible access to the stack — and much weaker encapsulation guarantees.

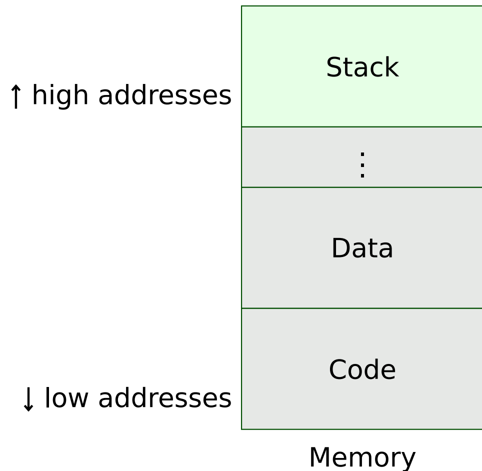
How the stack works: in practice

The **program stack** (aka **function stack**, **runtime stack**) holds *stack frames* (aka *activation records*) for each function that is invoked.

- Very common mechanism for high-level language implementation
- So has special CPU support
  - *stack pointer* registers: on x86, **ESP**
  - *frame pointer* registers: on x86, **EBP**
  - push and pop machine instructions
- Exact mechanisms vary by CPU, OS, language, compiler, compiler flags . . .

Beware! In pictures, some authors draw stacks growing upwards on the page! I will draw sane stacks that grow downwards.

How the stack works



Stack usage with function calls

```
void fun1(char arg1, int arg2) {
   char *buffer[5];
   int i;
   ...
}
```

`fun1` has two arguments `arg1` and `arg2`.

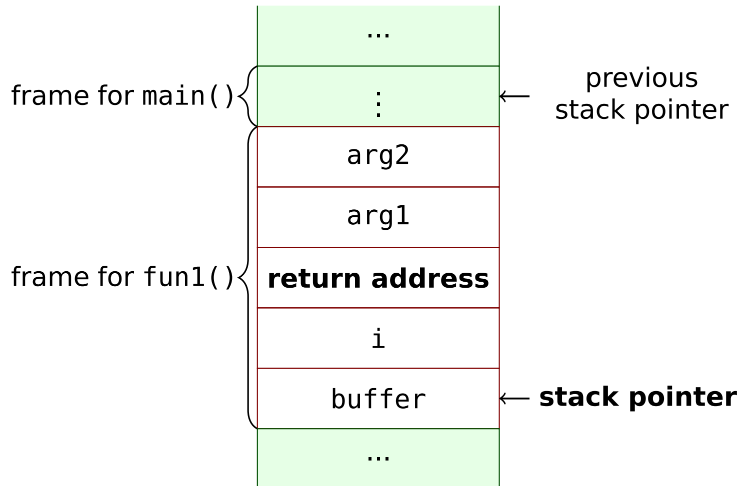
- Actual parameters may be passed to the function body on the stack or in registers; the precise mechanism is called the **calling convention**.

`fun1` has two local variables `buffer` and `i`

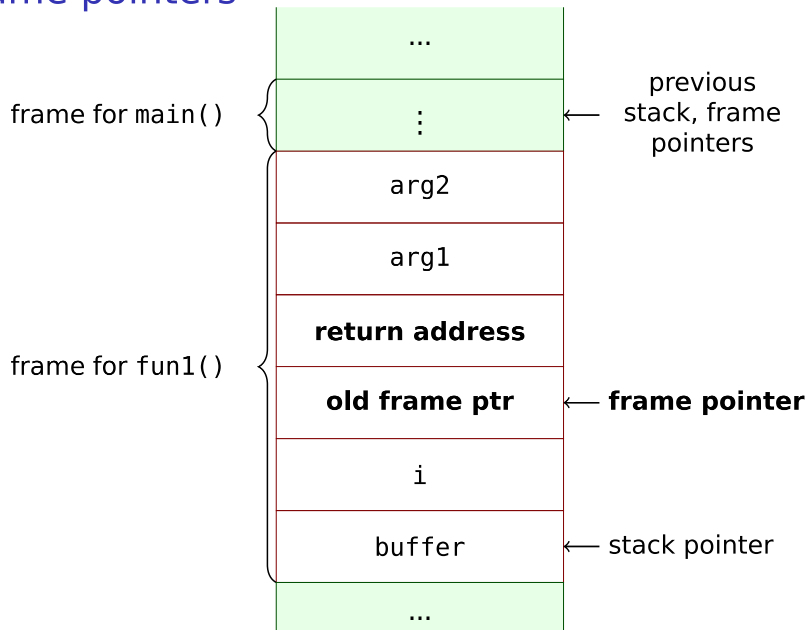
- Local variables are allocated space on the stack.

A **frame pointer** may be used to help locate arguments and local variables.

Function calls



Frame pointers



Assembly code for function calls

Let’s see assembly code produced by gcc compiling C programs on Linux (32 bit x86), using `gcc -S`.

```
int main() {
  return 0;
}
```

produces:

```
main:
    pushl   %ebp        ; save EBP, the old frame pointer
    movl    %esp, %ebp  ; the new frame pointer for body of main()
    movl    $0, %eax    ; the return value in EAX
    popl    %ebp        ; restore the old frame pointer
    ret
```

Assembly code for function calls

```
void fun1(char arg1, int arg2) {
   char *buffer[5];
   int i;
   *buffer[0] = (char)i;
}

void main() {
  fun1('a',77);
}
```

```
fun1:
        pushl   %ebp                ; save previous frame pointer
        movl    %esp, %ebp          ; set new frame pointer
        subl    $36, %esp           ; allocate enough space for locals
        movl    -24(%ebp), %eax     ; EAX = buffer[0]
        movl    -4(%ebp), %edx      ; EDX = i
        movb    %dl, (%eax)         ; Set *buffer[0] to be low byte of i
        leave                       ; drop frame
        ret                         ; return
main:
        pushl   %ebp                ; save previous frame pointer
        movl    %esp, %ebp          ; set new frame pointer
        subl    $8, %esp            ; allocate space for fun1 parameters
        movl    $77, 4(%esp)        ; store arg2
        movl    $97, (%esp)         ; store arg1 (ASCII 'a')
        call    fun1                ; invoke fun1
        leave                       ; drop frame
        ret                         ; return
```

Exercise. Draw the detailed layout of the stack when the frame for ‘fun1()‘ is active.

Outline

Roadmap

Memory corruption vulnerabilities

Instant Languages and Runtimes

Instant C and x86 Assembler

Stack overflows

Summary

Review questions

Program execution

- Explain the points of trust that exist when a Linux user runs a program by executing a binary file.

Buffer overflows

- How do they arise?
- In what sense are some languages considered immune from buffer overflow attacks?

Runtime stack basics

- Describe how function parameters and local variables are allocated on the runtime stack.
- Write a C program with two nested function calls, compile it to x86 assembler and explain the code.